### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
</tr>
<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
<td>REL C 225</td>
</tr>
<tr>
<td>The Eternal Family</td>
<td>1</td>
<td>2.0</td>
<td>REL C 200</td>
</tr>
</tbody>
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| **The Individual and Society**    |          |       |         |
| American Heritage                 | 1-2      | 3-6.0 | from approved list |
| Global and Cultural Awareness     | 1        | 3.0   | from approved list |

| **Skills**                        |          |       |         |
| First Year Writing                | 1        | 3.0   | from approved list |
| Advanced Written and Oral Communications | 1       | 3.0   | ENGL 316 |

| **Quantitative Reasoning**        | 1        | 3-4.0 | from approved list |
| Languages of Learning (Math or Language) | 1       | 3.0   | STAT 121* |

| **Arts, Letters, and Sciences**   |          |       |         |
| Civilization 1                    | 1        | 3.0   | from approved list |
| Civilization 2                    | 1        | 3.0   | from approved list |
| Arts                              | 1        | 3.0   | from approved list |
| Letters                           | 1        | 3.0   | from approved list |
| Biological Science                | 1        | 3.0   | NDFS 100* |
| Physical Science                  | 2        | 7.0   | PHSCS 105* and CHEM 105* |
| Social Science                    | 1        | 3.0   | ECON 110 recommended |

**Core Enrichment: Electives**
- Religion Electives: 3-4 classes, 6.0 hours from approved list
- Open Electives: variable, personal choice

### Graduation Requirements:
- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

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### Suggested Sequence of Courses

#### FRESHMAN YEAR

**1st Semester**
- CHEM 105 (FWSpSu) 4.0
- First Year Writing or American Heritage 3.0
- Quantitative Reasoning (if needed) 3.0
- NDFS 100 (FWSpSu) 1.0
- Religion Cornerstone course 2.0
- General Electives 2.0

**Total Hours: 15.0**

#### JUNIOR YEAR

**5th Semester**
- Arts or Letters elective 3.0
- ENGL 316 (FWSpSu) (Adv. Writing) 3.0
- NDFS 361 (F) 3.0
- NDFS 362 (F) 2.0

**Total Hours: 15.0**

#### SOPHOMORE YEAR

**3rd Semester**
- CHEM 351 (FWSp) 3.0
- NDFS 200 (FSp) 3.0
- NDFS 250 (FWSp) 3.0
- NDFS 251 (FWSp) 1.0
- PHSCS 105 (FWSp) 3.0
- Religion Cornerstone course 2.0

**Total Hours: 15.0**

**4th Semester**
- CHEM 352 (FWSpSu) 3.0
- CHEM 353 (FWSpSu) 3.0
- MMBIO 221 (FWSpSu) (Biological Science) 3.0
- MMBIO 222 (FWSpSu) 1.0
- Religion Cornerstone Course 2.0
- STAT 121 3.0
- STDEV 150 3.0

**Total Hours: 16.0**

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Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
BS in Food Science (284320)
2019-2020 Program Requirements (66 - 68 Credit Hours)

Consult with a faculty advisor prior to finalizing your curriculum plan.

**REQUIREMENT 1** Complete 14 courses

**CORE REQUIREMENTS:**
- **CHEM 105** - General College Chemistry 1 with Lab (Integrated) 4.0
- **MMBIO 221** - General Microbiology 3.0
- **MMBIO 222** - General Microbiology Laboratory 1.0
- **NDFS 100 - Essentials of Human Nutrition** 3.0
- **NDFS 191** - Careers in Food Science 1.0
- **NDFS 250** - Essentials of Food Science 3.0
- **NDFS 251** - Essentials of Food Science Laboratory 1.0
- **NDFS 350** - Food Analysis 4.0
- **NDFS 355 - Food Process Engineering** 3.0
- **NDFS 362 - Food Microbiology** 3.0
- **PHSCS 106** 2.0
- **NDFS 465** 3.0
- **NDFS 464** 3.0
- **CHEM 353** 3.0
- **CHEM 352** 3.0

**OPTION 2.2** Complete 3 groups

**GROUP 2.2.1** Complete 8 courses

**RECOMMENDED** Complete 13 courses

**REQUIREMENT 3**

**DURING THE JUNIOR YEAR OR UPON DECLARING FOOD SCIENCE AS A MAJOR, STUDENTS ARE STRONGLY ENCOURAGED TO SELECT ONE OF THE FOLLOWING OPTIONS TO ENHANCE CAREER PREPARATION (STUDENTS IN FOOD INDUSTRY MANAGEMENT TRACK MUST TAKE 1 CREDIT HOUR OF NDFS 399R TO GRADUATE):**

A. Choose a research topic and faculty mentor. Working in a research laboratory for 10-20 hours per week over the course of eight months, the student has daily contact with graduate students, technicians, and fellow undergraduate colleagues and frequent interactions with a faculty mentor. Student research often leads to publication and/or a presentation at a professional meeting. NDFS 494R credit is available.

B. Produce a senior thesis in collaboration with a faculty mentor, derived primarily from library study that extensively explores the relevant questions. The thesis is written in the format of a scientific review paper. NDFS 494R credit is available.

C. Work in an approved, faculty-supervised summer internship with a food company (generally the internship does not include study abroad). NDFS 399R credit is available.

**THE DISCIPLINE:**

Food Science is the multidisciplinary study of food and the application of knowledge thus gained to developing food products and processes, preserving and storing food, and assuring food safety and quality. Food science addresses the conversion of raw agricultural products into a nutritious, convenient, and economical food supply. Most of the food products available in grocery stores were developed, produced and tested by food scientists. Students graduating in Food Science are well prepared for immediate employment in the food industry. The technical track curriculum also provides
excellent preparation as a premedical, predental or other preprofessional major. With one additional credit hour, students graduating in the technical track are able to obtain a minor in chemistry. Students pursuing the management track are eligible to apply for a business minor and are well prepared for graduate studies in a Master of Business Administration (MBA) program.

**PRACTICAL EXPERIENCE AND INTERNSHIPS:**
Students can get hands-on experience working several semesters with faculty on research projects. Summer work opportunities are available with many food companies in numerous cities. The department has developed ongoing summer internships with several food companies.

**PROFESSIONAL ASSOCIATION:**
BYU’s food science technical track curriculum has been reviewed and approved by the Institute of Food Technologists (IFT), the professional society of food scientists.

**HONORARY SOCIETIES AND CLUBS:**
Students and faculty interact in the various social, service and career-related activities of the Food Science Club. The Food Science Club is a student chapter of IFT and participates in the statewide IFT Bonneville Section, which helps students develop a network of professional contacts. Students may also participate in Food Science College Bowl and other student competitions sponsored by IFT.

**CAREERS:**
Food Science provides excellent career prospects in the worldwide, multibillion dollar food industry. The food industry is consistently looking for graduates to fill all of the unique and challenging opportunities available. Potential careers include:

- **Food research and development scientist** - Develops new food products according to market demand. Improves and modifies existing foods to meet current consumer wants. Participates in manufacturing scale-up and commercialization of lab prototypes.
- **Food plant production manager** - Manages and supervises food processing plant. Uses technical and business skills to ensure economical production. Manages personnel and solves food production problems.


- **Food Ingredient technical salesperson** - Contacts industrial customers or potential users of food ingredients. Provides technical insight and assistance. Extends the company’s products among consuming companies.

- **Basic research scientist** - Conducts basic and applied food research. Works in industry, academia, or government.

See faculty advisor for additional career choices.

**FINANCING:**
Scholarships are available from the department, the college, and IFT. University and federal sources of scholarships and financing are also available. Many students work part time to help with finances. Research opportunities and summer work are available for most students. Work in the department as research or teaching assistants is available for some qualified students.

**MAP DISCLAIMER**
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.