### University Core and Graduation Requirements

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
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<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
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<td>2.0</td>
<td>REL A 290</td>
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<tr>
<td>Foundations of the Restoration</td>
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<td>REL C 225</td>
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<td>The Eternal Family</td>
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<td>REL C 200</td>
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<td><strong>The Individual and Society</strong></td>
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<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
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<td>3.0</td>
<td>SOC 113* or ANTHR 101*</td>
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<tr>
<td><strong>Skills</strong></td>
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<tr>
<td>First Year Writing</td>
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<td>from approved list</td>
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<tr>
<td>Advanced Written and Oral Communications</td>
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<td>3.0</td>
<td>ENGL 316</td>
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<td>Quantitative Reasoning</td>
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<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
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<td>3.0</td>
<td>STAT 121**</td>
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<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
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<td></td>
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</tr>
<tr>
<td>Civilization 1</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilization 2</td>
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<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Arts</td>
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<td>from approved list</td>
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<tr>
<td>Letters</td>
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<td>from approved list</td>
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<td>Biological Science</td>
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<td>NDFS 100**</td>
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<td>Physical Science</td>
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<tr>
<td>Social Science</td>
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<td>3.0</td>
<td>PSYCH 111*+ or ANTHR 101*+</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<td>Religion Electives</td>
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<td>from approved list</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
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</tbody>
</table>

FOR UNIVERSITY CORE QUESTIONS CONTACT THE ADVISEMENT CENTER — FOR PROGRAM QUESTIONS SEE YOUR FACULTY ADVISOR

*These classes fill both University Core and Program Requirements (12 hours overlap).

**These classes are prerequisite courses required to be completed before starting the professional sequence of the program.

### Graduation Requirements:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

### FRESHMAN YEAR

**1st Semester**

- First-year Writing or American Heritage: 3.0
- CHEM 101** or equivalent general chemistry course from high school or junior college: 3.0
- NDFS 100**
- Quantitative Reasoning elective (if needed): 3.0
- Religion Cornerstone course: 2.0
- General Electives: 2.0
- **Total Hours:** 16.0

**2nd Semester**

- First-year Writing or American Heritage: 3.0
- CHEM 285**
- PDBIO 210 or 220+: 3.0-4.0
- PSYCH 111* or ANTHRO 101* or SOC 113: 3.0
- Religion Cornerstone course: 2.0
- **Total Hours:** 15.0-16.0

**SOPHOMORE YEAR**

**3rd Semester**

- NDFS 200+
- NDFS 290+
- MMBIO 221+
- MMBIO 222+ (CHEM 107 may be substituted): 1.0
- STAT 121**
- Religion Cornerstone course: 2.0
- Global & Cultural Awareness SOC 113* or ANTHR 101*: 3.0
- **Total Hours:** 16.0

**4th Semester**

- Civilization I: 3.0
- NDFS 250+ or NDFS 251+
- PDBIO 305+
- Religion Cornerstone course: 2.0
- Physical Science elective: 3.0
- **Total Hours:** 16.0

For Spring 2019 term, apply to an accredited dietetic internship and/or take the national examination for Nutrition and Dietetics Technician, Registered.

### JUNIOR YEAR

**5th Semester**

- ENGL 316 or NDFS 375: 3.0
- NDFS 300: 4.0
- NDFS 374: 2.0
- Program Elective (see list): 2.0-4.0
- **Total Hours:** 13-15.0

**6th Semester**

- NDFS 356: 3.0
- NDFS 375 or ENGL 316: 3.0
- NDFS 424: 2.0
- NDFS 445: 3.0
- Religion elective: 2.0
- Civilization 2: 3.0
- **Total Hours:** 16.0

### SENIOR YEAR

**7th Semester**

- NDFS 400: 3.0
- NDFS 405 (1st or 2nd term): 0.5
- NDFS 440: 3.0
- NDFS 455: 3.0
- NDFS 458: 3.0
- NDFS 491: 1.0
- **Total Hours:** 13.5

**8th Semester**

- NDFS 434: 4.0
- NDFS 466: 3.0
- NDFS 475: 2.0
- NDFS 490: 1.0
- Arts or Letters elective: 3.0
- Religion elective: 2.0
- **Total Hours:** 15.0

**Suggested Sequence of Courses:**

Students may wish to take classes in Spring and/or Summer Terms to lighten credit hour loads. All NDFS classes in the professional sequence must be taken in the semester shown.

*These classes fill both University Core and Program Requirements

**These classes are prerequisite courses required to be completed before starting the professional sequence of the program.
BS in Dietetics (284328)
2019-2020 Program Requirements (77.5 - 80.5 Credit Hours)

PROFESSIONAL SEQUENCE COURSES (AFTER BEING ADMITTED INTO THE PROGRAM):

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>NDFS 300</td>
<td>Medical Nutrition Therapy 1</td>
<td>4.0</td>
</tr>
<tr>
<td>NDFS 356</td>
<td>Medical Nutrition Therapy 2</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 374</td>
<td>Food Production Management</td>
<td>2.0</td>
</tr>
<tr>
<td>NDFS 375</td>
<td>Food Production Management Laboratory</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 400</td>
<td>Community Nutrition</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 405</td>
<td>Nutrition Assessment Lab</td>
<td>0.5</td>
</tr>
<tr>
<td>NDFS 424</td>
<td>Nutrition Through the Life Cycle</td>
<td>2.0</td>
</tr>
<tr>
<td>NDFS 434</td>
<td>Nutritional Bio-organic Chemistry</td>
<td>4.0</td>
</tr>
<tr>
<td>NDFS 440</td>
<td>Nutrition Education and Counseling</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 445</td>
<td>Foodservice Systems</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 455</td>
<td>Financial Management in Dietetics</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 458</td>
<td>Management in Dietetics</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 466</td>
<td>Advanced Dietetics Practice</td>
<td>3.0</td>
</tr>
<tr>
<td>NDFS 475</td>
<td>Research Methods in Dietetics</td>
<td>2.0</td>
</tr>
<tr>
<td>NDFS 490</td>
<td>Professionalism in Nutrition and Dietetics</td>
<td>1.0</td>
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<tr>
<td>NDFS 491</td>
<td>Internship Preparation</td>
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</tbody>
</table>

REQUIREMENT 3 Complete 16 courses

THE DISCIPLINE:
Dietetics is the science and art of applying the principles of nutrition to the diet. Following prerequisite courses, the Didactic Program in Dietetics consists primarily of dietetics course work at the junior and senior level. The Brigham Young University Didactic Program in Dietetics is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, (312) 899-4876. Following graduation, students must gain acceptance into and complete an accredited dietetic internship (DI) to qualify for the national examination required for Registered Dietitian Nutritionist (RDN) status.

FINANCING:
Some employment opportunities exist in the department. Scholarships are available from the department and the college.

CAREERS:

Consultant Dietitian: Meets federal and state requirements for nursing homes. Consultant for food preparation. In-service education to staff.

Independent Practitioner-Private dietetics practice: Conduct classes on weight control and cardiovascular disease and counsel clients.

Community/Public Health Dietitian: Assess nutritional status of clients according to needs. State and federal programs for the aged, children and pregnant women.

Administrative Dietitian: Manage time, money and human resources. Plan, organize, direct and evaluate food service systems. Administer personnel, develop policies and standards. Develop
budget guidelines.

MAP DISCLAIMER

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION

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Telephone: (801) 422-3912
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E-Mail: sarah_bellini@byu.edu (dietetics)
lynette_johnson@byu.edu (pre-dietetics)

ADVISEMENT CENTER INFORMATION

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